

ROOM #: _____

NEW SPINE PATIENT

Date Seen: _____

Blood Pressure: _____

Pulse: _____

Weight: _____ Height: _____

O₂ Sats: _____

For office use only above this line.

Patient Name: _____

Date of Birth: _____

Age: _____

Referring Physician: _____

Insurance Carrier: _____

Present Complaint or Problem:

How long (days, weeks, or years) has this complaint/problem been going on? _____

Most recent images for the problem

you are being seen for today MRI CT X-Rays None Other: _____

Where were these images done?..... Health Images Invision Resilience Touchstone Other: _____

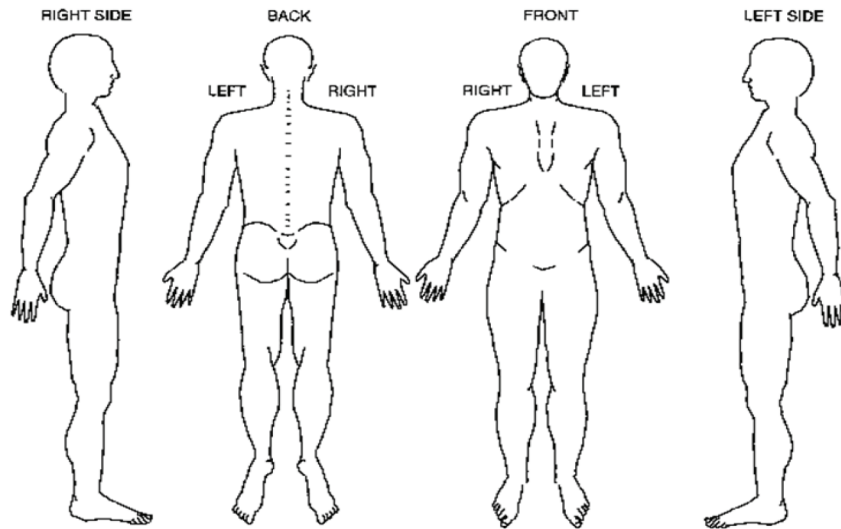
When were these images done? _____

Diagnostic Testing EEG Other _____

Done by Dr: _____ Date: _____

Mark the area on the diagram where you feel your pain. Use the appropriate symbol below to describe your type of pain.

- Ache = A
- Burning = B
- Numbness = N
- Pins & Needles = P
- Stabbing = S
- Throbbing = T



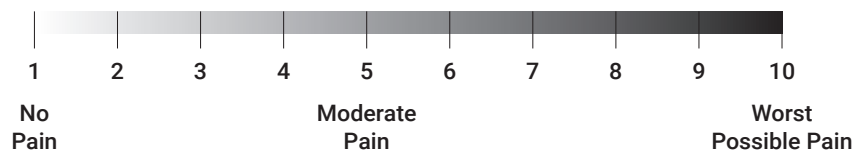
Pain Score 0-10 Numerical Rating Score

Per the pain scale on the right:

What is your average daily pain? _____

Highest pain rating? _____

Lowest pain rating? _____



What activity makes your pain worse?

What activity or action makes your pain better?

Patient Name: _____

TREATMENTS TRIED TO DATE

I have had treatments for my current neck or back problem No Yes

I have had the following treatments for my neck or back problem to date:

Neck or back brace: No Yes - for how long: _____

If yes, it gave: No relief Mild relief Temporary relief Great relief

Chiropractic Care: No Yes

If yes, it gave: No relief Mild relief Temporary relief Great relief

Physical Therapy: No Yes - for how many sessions: _____

If yes, it gave: No relief Mild relief Temporary relief Great relief

Anti-inflammatory medications: No Yes - for how long (i.e. days, weeks): _____

If yes, it gave: No relief Mild relief Temporary relief Great relief

Injections: No Yes

If yes, what were the results: Worse Same/No change Mild relief Temporary relief Great relief

| Injection | Date of Last Injection | Level(s) | # of Injections | % Improvement after Injection |
|-----------------------------------|------------------------|----------|-----------------|-------------------------------|
| Epidural Steroid (ESI) | | | | |
| Facet | | | | |
| Selective Nerve Root Block (SNRB) | | | | |
| Trigger Point | | | | |
| Other | | | | |

CERVICAL EVALUATION: If this is your main complaint.

Out of 100% total, what is your:

Neck Pain: _____%
Right Arm Pain: _____%
Left Arm Pain: _____%
} TOTAL = 100%

Arm weakness: None Shoulder Upper arm Forearm Hand/Fingers

Numbness and/or tingling: None Shoulder Upper arm Forearm Hand/Fingers

Do you have difficulty picking up small objects like coins or buttoning a shirt or coat? No Yes

Do you have problems with your balance and/or tripping? No Yes

Do you have headaches in the back of your head? No Yes

If yes, the headaches are: Daily Frequent Seldom Rarely

Do you have problems with loss of urinary continence? No Yes

LUMBAR EVALUATION: If this is your main complaint.

Out of 100% total, what is your:

Back Pain: _____%
Right Leg Pain: _____%
Left Leg Pain: _____%
} TOTAL = 100%

How many minutes can you sit in one place without pain? _____

How many minutes can you walk without pain? _____

Leg weakness: None Thigh Calf Ankle Foot

Numbness and/or tingling: None Thigh Calf Foot Toes

Do you have problems with your balance and/or tripping? No Yes

Do you have bowel or bladder problems? No Yes

If yes, which one, or both? _____

Patient Name: _____

ALLERGIES: Are you allergic to ANY medication, food, or non-medications (such as pollen, etc.)? No Yes

If yes, please list below.

| Name of Medication / Food / Agent you are allergic to | Type of Reaction (i.e. rash, breathing problems, swelling, etc.) |
|---|--|
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |

PREVIOUS SPINE SURGERY

I have had previous spine surgery (neck or back)..... Yes, neck surg. Yes, back surg. No

Most recent neck or back surgery: _____ Date of surgery: _____

Surgeon: _____ Hospital: _____

Reason for surgery: _____

I have had previous spine surgery (neck or back)..... Yes, neck surg. Yes, back surg. No

Most recent neck or back surgery: _____ Date of surgery: _____

Surgeon: _____ Hospital: _____

Reason for surgery: _____

SURGICAL HISTORY: If you have had any surgery in the past, please list below:

FAMILY HISTORY: Please ✓ in box next to any condition in which a member of your immediate family only (i.e., mother, father, brother, sister) has been diagnosed: If unknown/adopted/none, please ✓ in appropriate box: Unknown Adopted None

| | | | |
|---|--|--|---|
| <input type="checkbox"/> FH Alcoholism | <input type="checkbox"/> FH Cervical, Ovarian, or Uterine Cancer | <input type="checkbox"/> FH High Cholesterol | <input type="checkbox"/> FH Other Cancer |
| <input type="checkbox"/> FH Anemia | <input type="checkbox"/> FH Colon Cancer | <input type="checkbox"/> FH Kidney Disease | <input type="checkbox"/> FH Psychiatric Care |
| <input type="checkbox"/> FH Arthritis | <input type="checkbox"/> FH Depression | <input type="checkbox"/> FH Liver Disease | <input type="checkbox"/> FH Respiratory Disease |
| <input type="checkbox"/> FH Blood Clots | <input type="checkbox"/> FH Diabetes | <input type="checkbox"/> FH Lung Cancer | <input type="checkbox"/> FH Seizures |
| <input type="checkbox"/> FH Bowel Disease | <input type="checkbox"/> FH Heart Disease | <input type="checkbox"/> FH Melanoma/Skin Cancer | <input type="checkbox"/> FH Stroke |
| <input type="checkbox"/> FH Breast Cancer | <input type="checkbox"/> FH Hypertension/High BP | <input type="checkbox"/> FH Osteoporosis | <input type="checkbox"/> FH Thyroid Disease |

Patient Name: _____

SOCIAL HISTORY

Do you currently use tobacco in any form?..... No Yes
If yes, do you smoke or chew tobacco? Smoke Chew Number of packs per day: _____
If no, do you have a history of chewing/tobacco use? No Yes If yes, when did you quit? _____
Marital status: Married Partner Single Divorced Widowed
Work status:..... Employed Unemployed Retired Disabled Self-employed
What is or was your occupation? _____
Do you currently drink alcohol? No Yes If yes, how much per week? _____
Do you currently use any recreational substances? No Yes If yes, what type and how often? _____

REVIEW OF SYSTEMS: Please ✓ in box next to any symptom in which you are currently experiencing:

| General | | | |
|---|---|--|---|
| <input type="checkbox"/> Recent weight loss: # lbs _____ | <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Nausea | <input type="checkbox"/> Rashes |
| <input type="checkbox"/> Recent weight gain: # lbs _____ | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Frequent indigestion | <input type="checkbox"/> Recent change in wart / mole |
| <input type="checkbox"/> Fever | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Black, tarry or bloody stools | <input type="checkbox"/> Easy bleeding or bruising |
| <input type="checkbox"/> Night sweats | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Difficulty urinating | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Swelling of feet or ankles | <input type="checkbox"/> Incontinence | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Blurred vision | <input type="checkbox"/> Fainting | <input type="checkbox"/> Burning with urination | <input type="checkbox"/> Difficulty falling asleep |
| <input type="checkbox"/> Double vision | <input type="checkbox"/> Frequent cough | <input type="checkbox"/> Excessive thirst | <input type="checkbox"/> Early morning awakenings |
| <input type="checkbox"/> Blindness | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Unusual appetite | <input type="checkbox"/> Persistent feeling sad or blue |
| <input type="checkbox"/> Hearing loss | <input type="checkbox"/> Coughing up blood | <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Loss of ability to enjoy life |

| Musculoskeletal | | |
|--|--|--|
| <input type="checkbox"/> Back pain | <input type="checkbox"/> Joint swelling | <input type="checkbox"/> Shooting left arm pain |
| <input type="checkbox"/> Joint pain | <input type="checkbox"/> Leg cramps | <input type="checkbox"/> Shooting right leg pain |
| <input type="checkbox"/> Joint stiffness | <input type="checkbox"/> Shooting right arm pain | <input type="checkbox"/> Shooting left leg pain |

| Neurological | | |
|---|---|--|
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Gait abnormality | <input type="checkbox"/> Seizure |
| <input type="checkbox"/> Weight loss | <input type="checkbox"/> Headache | <input type="checkbox"/> Tingling |
| <input type="checkbox"/> Balance difficulty | <input type="checkbox"/> Loss of sensation in a specific body area: _____ | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Loss of strength in a specific body area: _____ | <input type="checkbox"/> Trouble with balance |
| <input type="checkbox"/> Fainting spells | <input type="checkbox"/> Numbness | <input type="checkbox"/> Trouble with coordination |
| <input type="checkbox"/> Falls | <input type="checkbox"/> Memory problems | |

This Information is true and complete to the best of my knowledge:

Signature of Patient or Legal Guardian

Date